

2019

DONOR **IMPACT** REPORT



CHRISTUS.CABRINI
Foundation

FEATURING:

**KINDNESS
COUNTS**

YOUR Lasting Impact

MONZA WILLIAMS:
A Survivor Story

**3DHD
Mammography**

2019 FEATURED
INVESTMENTS

WHERE
MIRACLES
HAPPEN



A YEAR OF
GRATITUDE
+ YOUR LIFE-SAVING
IMPACT

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On behalf of all the associates, partners and providers at CHRISTUS, I want to extend a warm 'thank you' for helping our teams provide so much for our friends and neighbors throughout Central Louisiana. It is only through your generosity, we are able to go above and beyond serving people from such a large geographical area. Whether it's our 17 school-based health centers, children's miracle network, the specialty services within our hospital or our various satellite clinics, I hope you see the commitment we daily strive to achieve.

For us, we view the call of being the hands and feet of Jesus' ministry through health care, as a privilege that is at the forefront of all we do. Therefore, it's important to me our character and the character of partners like you, reflect the essence of the three Sisters of Charity of Incarnate Word who responded so long ago to this same calling. Almost seventy years later, I'm so proud I can say without hesitation, our mission is alive and well. That is in large part to your generosity, investment, volunteer hours and overall support of the care we provide at CHRISTUS.

In most cases, we know no one really wants to be hospitalized. But when faced with that decision, I want those who choose CHRISTUS to trust our experience, our expertise and our history grounded in our solid faith. Thank you for helping us invest in much-needed equipment, training, and programs that have made our goals a reality. In return, I commit to you, our CHRISTUS family of experts will continue to be dedicated to exceeding expectations of those entrusted to our care. We promise to provide caring, courteous, prompt and compassionate service to all who enter our walls. We promise to have open and honest communication while respecting specialty needs and privacy. We promise to treat every person with the integrity and dignity they deserve. And we promise to be good stewards with the generosity of so many donors like yourself.

At CHRISTUS, we proudly display the cross on the outside of all our buildings. That's because we know that a cross on the outside, most definitely means there's a difference on the inside. Thank you for all your support our ministry this year in helping demonstrate the CHRISTUS difference on the inside. May God bless you and your family abundantly in the years to come.

Sincerely,

Chris Karam, FACHE

Sr. Vice President, Group Operations,
CHRISTUS Health Louisiana and Southeast Texas
CEO, CHRISTUS St. Frances Cabrini Health System

2019



Over 350
Medical providers



Nearly 2000
Associates

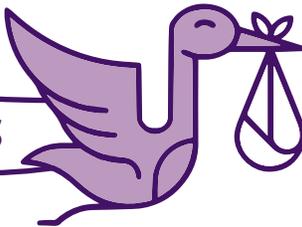
HOSPITAL STATS



OVER
220,000
Outpatient Visits



OVER
46,000
Emergency Room Visits



OVER **1100** BIRTHS

OVER
12,000
Surgeries

Over
12,000
Students
served through
school based health
centers




13
PARISH
Service Area



Named
TOP 10% IN THE NATION
for Rehabilitation Services
Uniform Data System for
Medical Rehabilitation

**ONE OF AMERICA'S
BEST HOSPITALS**
for Bariatric Surgeries
Women's Choice Award

**ONE OF AMERICA'S
BEST HOSPITALS**
for Cancer Care
Women's Choice Award

Nationally Ranked as
**ONE OF AMERICA'S
BEST HOSPITALS**
for Congestive Heart
Failure
U.S. News and World Report

Named Locally as
**"BEST HOSPITAL
IN CENTRAL LOUISIANA"**
and
**"BEST ATHLETIC CLUB
IN CENTRAL LOUISIANA"**
and
**"BEST SPA IN CENTRAL
LOUISIANA"**

Cenla Focus Readers Survey

Kindness COUNTS

In 2019, the CHRISTUS Cabrini Foundation invested over \$1.65 Million back into CHRISTUS St. Frances Cabrini Hospital and the local community.

\$863,103

CUTTING EDGE
HOSPITAL EQUIPMENT



\$24,772
Patient Assistance



\$15,000
Nursing Scholarships



\$676,900
Construction



\$663,000
Brand New Pediatric
Specialties Clinic

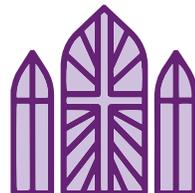
\$10,000
Brand New Lymphedema
Room in Cancer Center



\$650
Associate Assistance



\$74,997
Continuing Education
for Associates



\$3,900
Chapel Renovations



Save The Date

for CHRISTUS ST. FRANCES CABRINI HOSPITAL'S

**70TH ANNIVERSARY
CELEBRATION**

at this year's

CABRINI BALL

SATURDAY, APRIL 4TH, 2020

EDWARD G. NED RANDOLPH
RIVERFRONT CENTER

For More information or to purchase tickets, visit
christuscabrinifoundation.org/cabrini-ball

I Could Feel the Faith in Them



"Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me." – Psalm 23:4

Psalm 23 had always been Monza Williams' favorite bible verse. Little did she realize it would be the rock she would lean on when she heard her doctor say "cancer".

"It was very scary to hear that word. I wondered; am I going to die, who will take care of my children?" Monza recalls. "But I knew God was with me and I wasn't alone. I found comfort in that and it allowed me to challenge myself to stay strong."

Monza's journey began in 2011 when she was diagnosed with breast cancer. It was discovered in her routine, yearly mammogram. Because she had a family history of breast cancer, she had been getting preventative mammograms from an early age. "My advice to women," she implores, "is to never forget to take care of yourself, always put God first, and choose Cabrini."

Monza is a strong advocate for CHRISTUS Cabrini's Cancer Center. She will happily tell you, "It's a myth you have to go off somewhere else to get treated, and that we don't have good doctors here. We do. They're at Cabrini."

But to her, Cabrini is more than just a place for diagnosis and treatment. "I always knew that God was with me. But I believe it was His grace that placed me at Cabrini." From the moment she walked into the cancer center, she felt something special. "I felt the Holy Spirit", Monza remembers. "The doctors and staff not only supported and cared for me, they lifted me up and they prayed with me. I could feel the faith in them."

Even though her faith comforted her, she will tell you it wasn't easy. "It's still cancer, you're still scared, and there are bad days when you cry and question why." But, looking back now, it was during those times she felt the healing ministry of Cabrini the most. "They were just another extension of my faith. Everyday they were there with support, making me feel comfortable and making the process as easy as it could be. They will always be a part of my family."

She also credits the Cabrini Pink Ribbon cancer support group for helping her navigate through the tough times. "The support group helped me so much during the journey. Hearing stories of others who were going through the same thing really made me realize I was not alone. It was just another example of God putting me in the right place."

Monza's cancer is in remission and the Alexandria native is back at work and enjoying the many blessings of everyday life. And while you don't often hear the word 'joy' used when describing cancer, she believes that God showed her she could find joy in the challenge she faced. "My biggest joy has been that I am stronger in my faith and I now welcome the opportunity to share my story with others who are scared and feeling alone. And that maybe, through God, I can make a difference."

She will always be grateful to her extended family at the CHRISTUS Cabrini Cancer Center. "I know God placed me there for a reason. They welcomed me into their healing ministry of Jesus Christ, and I am here today because of them. I truly believe when I walked through the valley, they were by my side."

Monza is living proof that a cross on the outside of Cabrini meant a difference on the inside to her.

3DHD Mammography

This new technology is the fastest, highest resolution mammography machine ever created, providing a high-resolution 3D image in 3.7 seconds. It is clinically proven to detect 41% more invasive breast cancers compared to 2D alone.

BIOPSY CAPABILITIES



FASTEST, HIGHEST RESOLUTION 3D IMAGES



What is
the Cabrini
Foundation
working on
for 2020?

A fleet of 3
state-of-the-
art 3DHD
Mammography
Machines
for our Breast
Health Center!

SMARTCURVE™ BREAST STABILIZATION SYSTEM



SMART POSITIONING



MORE DETAILS AT A LOWER DOSE



2019 FEATURED INVESTMENTS



CuddleCot

Earlier this year, CHRISTUS St. Frances Cabrini Hospital's Family Centered Maternity Care (or Labor and Delivery) Department was approached with a request for a specialized piece of equipment for families suffering from the loss of a baby. With a group of dedicated donors, the Foundation was able to make the CuddleCot a reality this fall. This piece of equipment is a cooling bassinet. Often times, when a deceased baby is born, or passes away shortly after birth, families only have 4-5 hours to spend with the baby before their body starts to deteriorate. The CuddleCot gives these grieving families the gift of time, extending their time with the baby up to 12 hours.

For the last 7 years, I've had the privileged of being a volunteer photographer with an organization called "Now I Lay Me Down To Sleep" that provides remembrance photography to parents suffering the loss of a baby. We aim to offer every family experiencing the death of a baby the healing power of remembrance. Over the years, I've wished that our hospital had "Cuddle Cots" that would give our families extra time to say goodbye. The compassionate Labor & Delivery Staff at Cabrini shared the same wish that I did, and we made our dream a reality. Anything that we can do to ease their heartache and help them heal, is truly a priceless gift. Thank you to the Cabrini Foundation and Labor & Delivery and NICU staff for the love and compassion they show to their patients.

- Andria Fontenot, Cuddle Cot Donor

TEG Analyzer

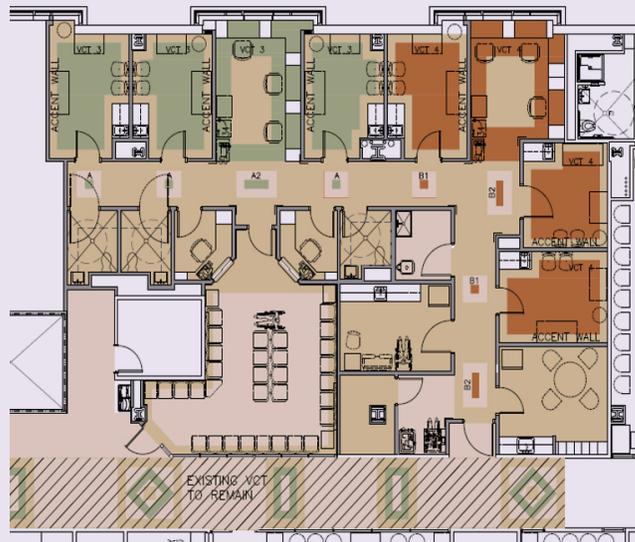
Hemostasis is the body's ability to prevent and stop bleeding; the first stage of the healing process. Often times the hemostasis balance in a patient's body can be upset by injury, aging, surgery, or pharmaceuticals, putting them at high risk of hemorrhage or blood clots. Over the years, clinicians have used a variety of tests to try to help determine the cause and appropriate treatments to reset the hemostasis balance, but they all only served to depict one point along the continuum and have not been shown to be predictive of bleeding.

Luckily, there is a brand new advancement that has changed our ability to analyze bleeding and clotting risks called a TEG Analyzer. This device provides comprehensive hemostasis testing from a sample of whole blood. By providing a more complete picture of the patient's hemostasis, the TEG system can help facilitate the clinician's understanding of bleeding to deliver a more targeted treatment. Not only does the TEG system reflect the entire clotting process, but it is a continuous monitoring of the clotting process, helping to drastically reduce unnecessary blood transfusions. The most common uses for the TEG are in cardiac, trauma and transplant surgery - patients for whom a significant portion of a hospital's blood supply is used. At CHRISTUS St. Frances Cabrini Hospital, we are pleased to have added two TEG Analyzers to our lab this year to continue our tradition of providing the highest quality of care to Central Louisiana patients.



Brand New Pediatric Specialties Clinic!

A Pediatric Specialties Clinic is currently under construction in the Women's and Children's Tower of CHRISTUS St. Frances Cabrini Hospital with help from our 2019 Children's Miracle Network donors. In addition to housing the Pediatric Gastroenterology, Surgery, Ophthalmology, Cardiology and NICU Development, the expansion will allow us to bring additional specialists to our area, ideally Pediatric Orthopedics, Urology and Neurology, all desperately needed in our community.



New Simulators Revolutionize Neonatal Training

The newest members of the Family Centered Maternity Care team are two high-tech CAE Luna infant simulator dolls. These devices provide the highest level of training and preparedness for our Neonatal Intensive Care and Labor and Delivery associates by simulating real life scenarios in the immediate and postpartum care of a newborn. The infant simulator is programmable with active movement, true ventilator support and real patient monitoring. It features neurologic, respiratory, circulatory, cardiac, vascular access, and gastrointestinal assessments for an unparalleled comprehensive experience.

WHERE *miracles happen*



**Children's
Miracle Network
Hospitals®**



MEET *Conner*

Born without oxygen to his brain, Conner was revived and cooled in our Hypothermia Machine for several days in the Cabrini Neo-Natal Intensive Care Unit. This one of a kind Hypothermia Unit/Therapy, paid for by CMN donations, preserved his brain from further brain damage and gave Conner a chance at a normal life.



MEET *Hailey*

Lakeview School Based Health Center (SBHC), funded by CMN dollars, tested Hailey for Type 1 Diabetes in 7th grade after her mom noticed that she was sleeping all the time and exhibiting different eating & drinking patterns. Everyday Hailey began checking into her Health Center at school. With the assistance of the SBHC nurse, her blood sugar levels were monitored and her lunch was planned around carbs counted. The Cabrini SBHC has helped Hailey stay in school, return to playing sports at a high level and feel more secure.



MEET *Payton*

Just shy of his 12th birthday, a simple fever blister (Herpes Simplex Virus) caused Payton to develop encephalitis and a subsequent traumatic brain injury. With only 70% of his brain working properly, Payton had to fight for a normal life by relearning to swallow, speak and eat at the Cabrini Pediatric Therapy Center. With the help of his occupational, physical and speech therapists, Payton is now back at school and playing in the band!



MEET *Reign*

Born with APERT Syndrome, a genetic disorder characterized by the premature fusion of skull bones, fingers and toes, Reign is overcoming many medical obstacles through his weekly treatment at the Cabrini Pediatric Therapy Center. Through intensive work with his therapist, Reign has learned to sit up, stand, walk and talk. Many of the improvements to his mobility would not be possible without state of the art equipment and research based therapies provided by our CMN donors.

The mission of Children's Miracle Network at CHRISTUS St. Frances Cabrini Hospital is to increase funds and awareness for children's health at the only not-for-profit hospital in Central Louisiana. Identified as one of 170 Children's Miracle Network Hospitals across North America, CHRISTUS Cabrini serves close to 270 children a day through 3 world class children's departments: Neonatal Intensive Care Unit (NICU), Pediatric Therapy Center, and 17 School Based Health Centers.

Below are just 3 of the purchases that we were able to make this year with the help of our Children's Miracle Network Donors.

NICVIEW

NICVIEW is a Neonatal Intensive Care camera system that streams around the clock newborn video for families unable to be at the bedside.



LITE GAIT HARNESS

The Lite Gait Harness, used in our Pediatric Therapy Center, is a lightweight rehabilitation device that helps children learn to walk. This photo features one of our patients utilizing this unit. She is 3-year-old Lennox Patton and suffers from cerebral palsy.

MENTAL HEALTH ASSESSMENT TABLETS

In 2019 we purchased 17 tablets (one for each of our School Based Health Centers) to conduct regular mental health assessments for our students. Almost 3,400 students in our School Based Health Centers struggle with some type of mental health issue. These tablets will help screen and identify additional students in need of assistance.



Did you know?

In 2020, CHRISTUS St. Frances Cabrini Hospital will celebrate

70 Years

2020 Events



Children's
Miracle Network
Hospitals

January 31st
Children's Miracle Network Breakfast



CHILDREN'S MIRACLE NETWORK
MediaThon

February 13th
MediaThon



CHRISTUS ST. FRANCES CABRINI HOSPITAL'S
CABRINI
BALL
70th ANNIVERSARY
CELEBRATION
APRIL 4th 2020

April 4th
Cabrini Ball – 70th Anniversary Celebration



CHILDREN'S MIRACLE NETWORK
CLAY
SHOOT

August 29th
Children's Miracle Network Clay Shoot



GLEAUX FOR THE GIRLS
5K
THE BREAST
RACE IN CENLA

October 17th
Gleaux for the Girls 5K

For more information or to participate in any of these events, please visit our website at www.christuscabrinifoundation.org

