# 2020 DONOR IMPACT REPORT





CHRISTUS Cabrini Foundation **BOARD OF** DIRECTORS Chair: Carlette Christmas Tim Beno Mark Cowart Paul Dauzat Jeremy DeLacerda Charlie Elliott Cynthia Hawthorne Cathleen Ingles Sarah Kramer Robbie LaBorde Biba Nijjar Dr. Sherea Rachal Camille Robison Irma Rodriguez Tammi Salazar Dennis Stewart Robert Weeks Michael L. Young

# Dear Donors,

Who would have predicted this year alone we would face an F3 tornado, two major hurricanes and a historic national pandemic, COVID-19.

Throughout our 70 year history, CHRISTUS Associates have stood heroic in moments of crisis. I've personally witnessed healthcare workers standing in the heat for hours at a time in full personal protective equipment (PPE) to test lines of cars for COVID-19. I've seen



families communicating with loved ones through windows ensuring the safest possible environment. I've seen life's big moments celebrated differently because of social distancing restrictions. I've heard countless stories of colleagues putting down their hospital badges and picking up chainsaws to rush to the aid of others in the aftermath of a hurricane.

At CHRISTUS Cabrini, we don't just hire people - we hire heroes. They will tell you what they do is just business as usual, but in reality, they are giving, selfless, empathetic, compassionate and kind. I'm so proud to be affiliated with the heroes of CHRISTUS Cabrini because they are excellent representatives of what it looks like to be the hands and feet of Jesus Christ in times of great need.

Thank you for your support of our ministry and our heroes. May God bless you and your family abundantly in the coming year.

Sincerely,

Chris Karam, FACHE

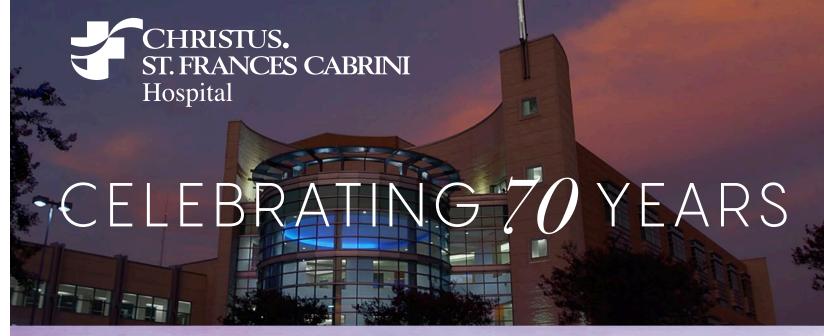
Sr. Vice President, Group Operations, CHRISTUS Health Louisiana and Southeast Texas CEO, CHRISTUS St. Frances Cabrini Health System



## Meet Monte Wilson

Monte Wilson joined the Cabrini team as President this past September, managing all aspects of daily operations for the hospital. His background makes him a perfect fit during this time as he recently served as Incident Commander at the Global Health Crisis Coordination Center in Atlanta, Ga., tasked by the Centers for Disease Control (CDC) to share information and coordinate resources during the COVID-19 crisis.

Additionally, he served as a consultant to nationally-recognized health care companies, hospital president, hospital COO, VP of Clinical Operations and President of an ambulatory surgery center. Not only does he have experience in Catholic health care facilities, but also helped form Georgia's largest trauma network. Originally from Ft. Smith, Arkansas, he and his wife Brenda are proud parents to four adult children. Monte enjoys golfing, music and serving in community-based organizations. Please join us in welcoming Monte to the Central Louisiana community.



The vision for CHRISTUS St. Frances Cabrini Hospital can be traced back as far as 1916 when Bishop Cornelius Van De Ven of Natchitoches and his successor, Rev. Daniel F. Desmond asked Mother M. Teresa to build a hospital in Alexandria. But for one reason or another, the hospital never materialized until 1946. The need was so great for a hospital, Bishop, Rev. Charles P. Greco pledged \$200,000 from his local parishioners to jump-start the building project. A ground breaking ceremony for the hospital was planned on the feast of St. Frances Xavier Cabrini that same year.









After three years of careful planning and construction, the cornerstone was laid and blessed on October 21, 1949. The \$3 million, 126-bed hospital was dedicated on the feast of St. Joseph, March 19, 1950. The open house was such an exciting and welcomed addition to the community that over 7,000 people came to the event, pushing the celebration into the late hours of the night.

The hospital officially opened its doors April 1, 1950 with its first admitted patient, Mr. W. J. Bordelon. That evening around 11:30 p.m., Sally Phillips, was the first baby delivered at the hospital to Mr. and Mrs. W. M. Phillips. By the end of the second day, more than 56 patients had been admitted and a variety of surgeries performed. The growing community of Alexandria demanded an expansion in 1965. As a result, a six-story addition increased the hospital's

capacity to 254 beds in 1969. Since that time, the hospital has expanded both physically and technologically. On March 21, 1975, a milestone was reached as Central Louisiana's first open-heart surgery was performed at Cabrini Hospital, offering residents a trustworthy resource in critical moments. But innovation didn't stop with cardiac services. CHRISTUS Cabrini was the first in the area to open a Neonatal Intensive Care Unit for premature or critically ill infants and the first to employ around the clock intensivist coverage. Likewise, the hospital was the first in the region to implement robotic technology, a major advancement at the time for rural America.

Today, the hospital continues to thrive on the forefront of the latest medical advancements. A fully accredited 295-bed hospital, employing almost 2,000 associates with nearly 350 on its medical staff, CHRISTUS Cabrini is one of the strongest economic forces in the area. Boasting three Community Clinics for the underserved populations of Cenla, it is the only Children's Miracle Network Hospital in the region. Through its 17 school-based health centers it serves more than 12,000 students monthly and is a proud beacon of advanced care for 14 rural hospitals when needing a higher level. The list of accomplishments for the hospital is impressive. If the Sisters could see the hospital now, they would smile, knowing its mission of extending the healing ministry of Jesus is thriving, 70 years later.









# FIGHTING A GLOBAL PANDEMIC IN CENTRAL LOUISIANA

CHRISTUS Cabrini continues to respond to the ever-evolving national pandemic, COVID-19. Following evidence-based protocols, the staff is maximizing the use of multiple drugs proven to aid in recovery from the virus. Among standard treatment options is the use of Dexamethasone which has demonstrated proven benefits for patient with significant inflammation due to COIVD. Our providers and researcher, along with a COVID-19 task force regularly monitor the latest developments at the national, state and local level. We are prepared to respond no matter how long the pandemic may last.

While this pandemic has certainly brought challenges, it has also put the creativity of so many of God's children on display. People have found new ways to connect and build relationships. Our communities have created new ways to support our ministries, from parking lot prayer vigils to meal and PPE donations. Our Associates have found ways to use the tools we have to connect our patients with muchneeded support and love to aid in their healing.





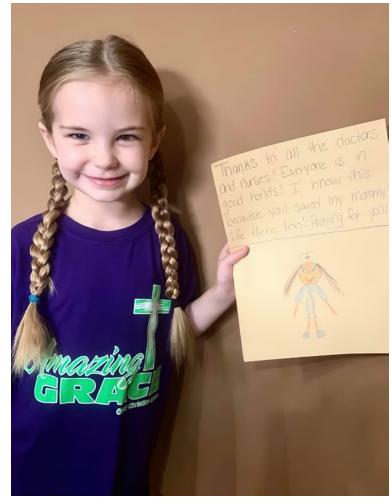


Not only are we providing more clinic visits virtually, we have also deployed telemedicine in so many critical service areas allowing physicians and nurses or other clinical care providers to connect with patients remotely 24/7.

We are committed to remaining vigilant in providing a COVID-19 safe environment for our patients and visitors. Thank you for your continued trust, support and love for all the heroes standing bravely on the front line of this virus every day.













**COVID-19 Tests** Processed in the Lab





11,000

Drive-Through tests conducted



\$817,641 SPENT

on Personal Protective Equipment (PPE)



**Equipment Used** 



\$214,205 in In-Kind Community **Donations** 



COVID-19 Specific Caregivers

# CHRISTUS St. Frances Cabrini Foundation Builds Region's First Inclusive Playground







Thanks to donors of the CHRISTUS Cabrini Foundation,
Central Louisiana is now home to a state-of-the-art Inclusive
Playground. Named for one of the largest supporters of the
project, the Coughlin Saunders Inclusive Playground features
interactions that were hand-picked by Pediatric Therapy
experts to specifically cater to children with physical disabilities,
autism, cognitive impairment and sensory processing disorders;
the most prevalent special needs in the area. The City of
Alexandria donated a section of Bringhurst Stadium to house the
playground at the corner of Ball Park Way and Masonic Drive.
This location is ideal for parents and children as it is within
walking distance to the CHRISTUS St. Frances Cabrini Pediatric
Therapy Center, where the staff plan to hold therapy sessions on
nice days for the more than 3,600 patients they see each month.







Rachel Sasser, Rapides Parish School board's Special Education department spokesperson said, "Some of the children in our parish that have severe mobility issues have possibly never been able to experience a playground like this." Sasser is also a mother of three, and her middle child – almost 7-year-old Maddox – has been a patient of the Pediatric Therapy Clinic since he was just a few months old. "Maddox has severe cerebral palsy, and is completely wheelchair-bound, so our family is so excited about this playground," said Sasser. "It is a place that Maddox can go but also a place that all three of my kids can go and play and have fun, together."

The Coughlin Saunders Inclusive Playground officially opened to the public on October 8th.

# 2020

# Your Lasting Impact

In 2020, the CHRISTUS Cabrini Foundation invested over \$900,000 back into CHRISTUS St. Frances Cabrini Hospital and the local community.



\$151,037 Innovative Hospital Equipment



\$39,990
Patient Assistance



\$5,187
Disaster Relief for Hospital Associates



\$3,645
Scholarships and
Continuing Education for
Hospital Associates



### FINANCIAL SUMMARY

November 1, 2019 - November 1, 2020 Funding Period

REVENUE

\$726,148

Investment Income

\$92,138

Investment Portfolio Transfer

otal

\$936,773

EXPENSES

96¢ of each dollar donated goes directly to the mission

\$36,118

Hospital & Community Funding \$900,655

\$936,773

# 2020 FEATURED INVESTMENTS

#### BioFire Respiratory Panel

The BioFire Respiratory Panels are front-line tests to help clinicians guickly diagnose respiratory infections, which present with nearly indistinguishable symptoms. With this brand new equipment, the CHRISTUS St. Frances Cabrini Lab can now test for 4 bacterial and 17 viral respiratory targets (including COVID-19) with one comprehensive test, getting results in an unprecedented run time of about 45 minutes. Rapid and accurate identification of the infection enables better-informed diagnosis and treatment of patients.

"Quick turnaround on a broad menu of pathogens help our doctors make vital decisions regarding admission, isolation, cohorting and additional diagnostic testing," states Angie Stewart, CHRISTUS St. Frances Cabrini Lab Director. "This technology has been vital in the fight against COVID-19 and will only increase in importance as we enter the winter months." With 99% specificity, the BioFire Panel can significantly reduce hospital stays and duration of antibiotic use as well as overall healthcare costs for patients.







#### Natural Disaster Relief Fund for Cabrini Associates

The Natural Disaster Relief Fund was established out of the generosity of donor' philanthropic gifts to the CHRISTUS Cabrini Foundation for the purpose of providing financial assistance to hospital associates experiencing short-term crisis situations directly related to damage sustained from a recent natural disaster. After 2 tornadoes and 2 major hurricanes in our community within the past 12 months, this fund was essential to assist with housing, food, utilities, medical expenses, etc. related to disaster recovery for our front line staff. To date, this fund has helped over 25 associates with major damage and the applications are still being collected from those assessing property loss after Hurricane's Laura and Delta.

For those interested in contributing to this fund, please visit our website:

www.christuscabrinifoundation.org/associate-helping-hands

When a tornado destroyed my roof, I didn't know what we were going to do. The Associate Assistance Fund was there for me in my time of need and for that I will forever be truly grateful.

- Nekea Ellis

CHRISTUS St. Frances Cabrini Associate

## \$500,000 School-Based Health Centers **Emergency Funding**

At CHRISTUS, we understand children and adolescents are one of our most vulnerable populations with specific medical needs. That's why almost 30 years ago, CHRISTUS made a long-term commitment to invest in critical health resources to aid in the growth and development of underserved kids throughout our region by establishing 17 school-based health centers housed within public schools inside 5 Central Louisiana parishes.

The School Based Health Centers provide a Nurse Practitioner, RN and Licensed Mental Health Professional at each location. The centers work in unique ways to improve both the physical and mental health of more than 10,000 students by providing resources for healthy lifestyles from kindergarten to 12th grade. These multidisciplinary clinics offer a variety of health care services such as immunizations, chronic care, individual/ group counseling, vision, hearing, and mental health screenings as well as wellness physicals.





It takes about \$3.9 Million to operate the 17 School-based health centers each year. The centers receive a total of about \$1.6 Million from a state grant, leaving the hospital to supplement approximately \$1.2 Million annually. Unfortunately, the financial impact from the COVID-19 pandemic has left the hospital struggling to find ways to continue its support of this vital ministry for the 2020-2021 school year.



With the help of the Cabrini Foundation donors, the CHRISTUS Cabrini Foundation Board was able to approve \$500,000 in financial aid in June 2020 to support the operations of this important ministry through the 2020-2021 school year. "In this unprecedented year of COVID-19 response, it is more critical now than ever before that we are there for our most vulnerable children," said Carlette Christmas, Cabrini Foundation Board Chair. "Having witnessed three generations of children come through our clinics, we are confident these clinics are a valuable safety-net of healthcare resources for the underserved."

What started as a routine sports physical ended with a Type 1 Diabetes diagnosis for our grandson David. His doctors have said if it wasn't for the School Based Health Center, David would have certainly ended up in ICU. This clinic and the nurses and staff that serve there truly saved my grandson's life. They are his miracle story.

> - Deborah Robinson Grandmother



# Where Miracles — Happen—



# Meet Julian 2020 Miracle Child of the Year



When Julian was 5 months old, he and his birth parents were in a horrific automobile accident that resulted in injuries to his spinal cord. He was instantly paralyzed from his lower torso through both legs. In the eight years since his injury, Julian has regularly received sensory, motor and autonomic dysfunction treatment through occupational and physical therapies administered at CHRISTUS Cabrini Pediatric Therapy Center. Today he is training to walk outside of his customary wheelchair through the assistance of a Children's Miracle Network funded device called a Reciprocal Gait Orthotic. Julian's charisma, optimism and excitement help him to excel at therapy and simultaneously cheer on other patients he encounters.



Julian loves talking about super heroes, sports, singing and the Junior National Special Olympics where he has won over five 1st Place State Titles. He is truly an inspiration to all who meet him.































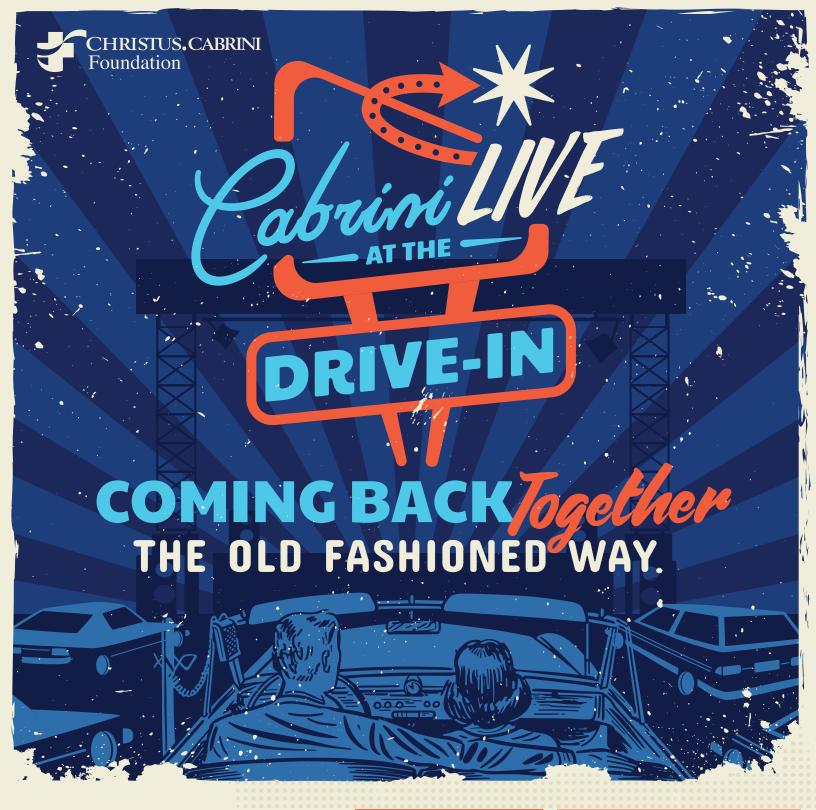












### DRIVE-IN CONCERT MARCH 20, 2021 LAKE BUHLOW



7:00 PM - 10:00 PM • FREE BEER & WINE
LIMITED SPOTS AVAILABLE • FIRST COME FIRST SERVED

The 10-piece, high-energy cover band Elevation from Dallas, Texas, will be coming to the Drive-In stage for this year's premiere event!

# **DUE TO THE COVID-19 PANDEMIC:**

- 4 people max per car
- Temperature checks
  upon arrival
- All food must be brought from home
- Attendees must stay within the confines of their designated, socially-distanced parking spots