

# 2022 DONOR IMPACT REPORT

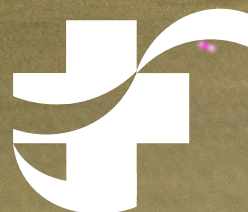
FEATURING:

**GLEAUXING**  
5 Years Strong

Donor  
**SPOTLIGHT**  
RANDY & JULIE DESPINO

OPERATION: RESCUE  
**H.E.A.L.**  
DIABETES PROGRAM

Children's Miracle Network  
Stories of **HOPE**



CHRISTUS.CABRINI  
Foundation

CHRISTUS Cabrini  
Foundation

## BOARD OF DIRECTORS

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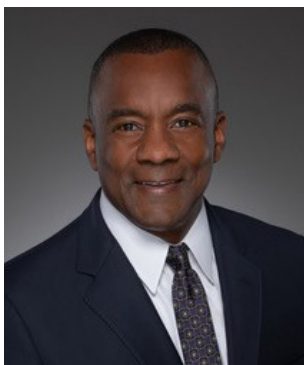
## Dear Friends,

The CHRISTUS Cabrini Foundation was established in 1983 to raise and manage funds to directly support the exemplary health care provided by CHRISTUS St. Frances Cabrini Hospital. Because of its non-profit status, the hospital depends on the Foundation and the community's continued commitment to provide the latest advanced equipment and programs to patients across Central Louisiana. With your support, the physicians, nurses and clinical teams at CHRISTUS St. Frances Cabrini Hospital continue to deliver on the promise of providing the highest quality medical care in our area.

2022 was a year of tremendous growth for the CHRISTUS Cabrini Foundation. Through charitable donations from the generous donors, the Foundation was able to equip our local nursing students with brand new simulation manikins in the CHRISTUS Cabrini Simulation Lab. These high-tech devices will see over 1,400 clinical encounters over the next year, equipping the area's newest nurses with the highest level of training. The Foundation also helped fund a much-needed Labor and Delivery expansion, allowing the hospital to continue to meet the need of growing families in Central Louisiana. Through the support of the LWCC Foundation, the Cabrini Foundation was even able to revitalize the hospital's Healthy Eating Active Living (H.E.A.L.) diabetes program, which, after losing state funding during the pandemic, now serves over 3,000 patients per year by providing education, equipment and support classes to those recently diagnosed with the disease. Finally, through the Children's Miracle Network, your philanthropic dollars helped CHRISTUS St. Frances Cabrini Hospital's tiniest patients overcome odds by walking, talking and breathing independently for the very first time. Ask any of the doctors, associates, patients or parents who experience these miracles first hand; your support makes a profound difference.

By making the CHRISTUS Cabrini Foundation a philanthropic priority, you are continuing to expand this incredible ministry. Our commitment to you is that our Foundation will continue to strive to create the very best in health care, here at home in Central Louisiana. Thank you for being part of our mission, "to extend the healing ministry of Jesus Christ."

With Gratitude,



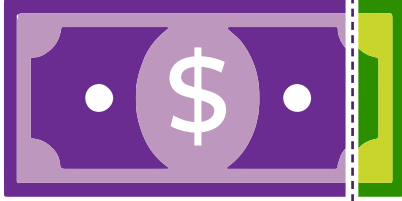
*Monte Wilson*  
Chief Executive Officer,  
CHRISTUS St. Francis Cabrini Hospital



*Robbie Laborde*  
Chairman of the Board,  
CHRISTUS Cabrini Foundation

2022

# Your Lasting Impact



86¢ of Every Dollar Donated Goes Directly to the Mission

In 2022, the CHRISTUS Cabrini Foundation invested

**over \$515,000**

to elevate healthcare in Central Louisiana



**\$39,614**

Patient & Associate Assistance



**\$101,027**

Nursing Training, Education and Scholarships



**\$25,333**

Patient Support Programs



**\$349,632**

Cutting Edge Hospital Equipment

100% of Donor Contributions

**STAY LOCAL**



## FINANCIAL SUMMARY

November 1, 2021-  
November 1, 2022  
Funding Period

Donations: \$563,560  
Event Revenue: \$421,647  
Investment Income: \$97,979

**Total Revenue \$1,083,186**

**Total Expenses \$156,070**

\*Salaries & Operational Expenses are covered by the Hospital

**TOTAL NET \$927,116**

# Donor Spotlight

## "Why I Give"

*Randy and Julie Despino*

Randy and Julie Despino have a long history in Central Louisiana. Both born and raised in Colfax, the high school sweethearts, now married for 42 years, are the owners and operators of Despino's Tire. For almost 30 years, the couple, along with their son Jon, have devotedly served the community, growing the business to 7 locations in Louisiana and Texas. The Despinos work ethic is unmatched. When a fire destroyed their storefront and headquarters in July of this year, they found a way to open back up only three days later, a few doors down. This type of dedication and determination carries through to their charitable endeavors as well.

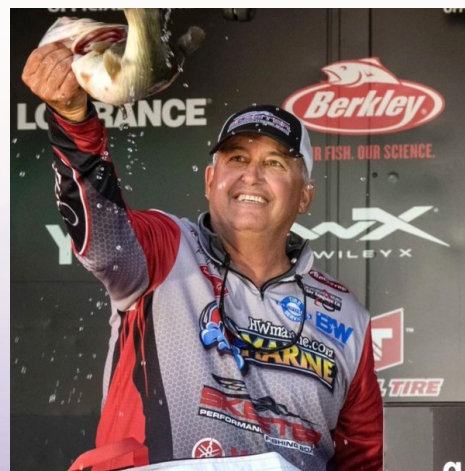
For over 15 years the family has held the Despino's Tire Fishing for Kids Annual Bass Tournament at Toledo Bend. An avid fisherman, Randy was able to combine his passion and business acumen to give back to the children in our community. The event has raised approximately \$150,000 in the last 5 years

alone. "We couldn't do it without the support of our customers and vendors. We do business with some really wonderful people!" said Randy. The couple is committed to growing the event, last year setting a record and raising over \$44,000 for pediatric patients. "If God blesses you, you should help others," continued Randy. "It's just what you do."



*"If God blesses you, you should help others. It's just what you do."*

*Randy Despino*

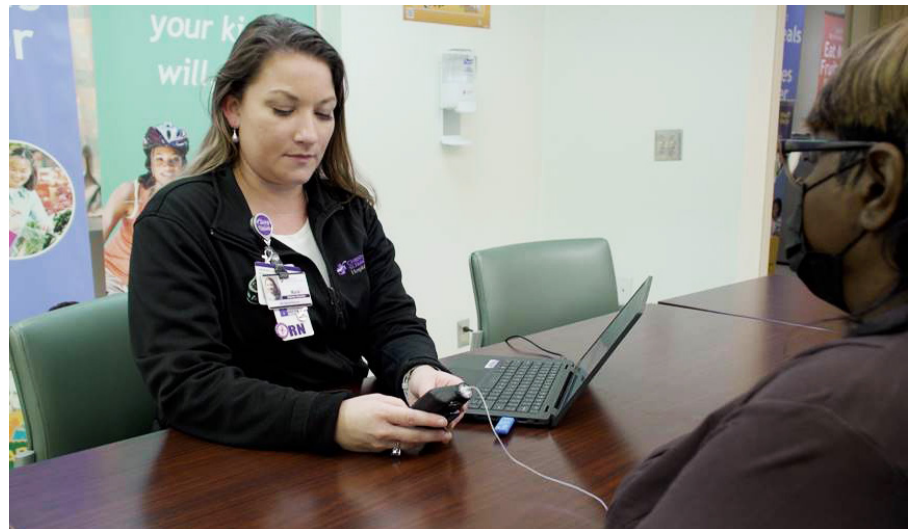


# OPERATION: RESCUE

## H.E.A.L Diabetes Program

Every three years CHRISTUS St. Frances Cabrini Hospital collaborates with other healthcare providers in the area to conduct a Community Needs Health Assessment. Diabetes consistently tops each as one of the major chronic diseases in our area. Nearly 14% of the adult population in Louisiana has diabetes with an additional 37% having prediabetes. Because of this, CHRISTUS St. Frances Cabrini Hospital instituted a Healthy Eating Activing Living (H.E.A.L.) Program in 2014. The only diabetes-focused program in our area, it provides diabetes education, care and resources to patients, teaching the relationship between food, physical activity, medication and blood glucose levels.

Despite the overwhelming need, the COVID-19 pandemic put the program in major risk of closure when pharmaceutical companies were no longer able to provide in-kind resources to support it. Enter the LWCC Foundation. Based in Baton Rouge, the LWCC Foundation partners with and convenes nonprofits across Louisiana as a catalyst



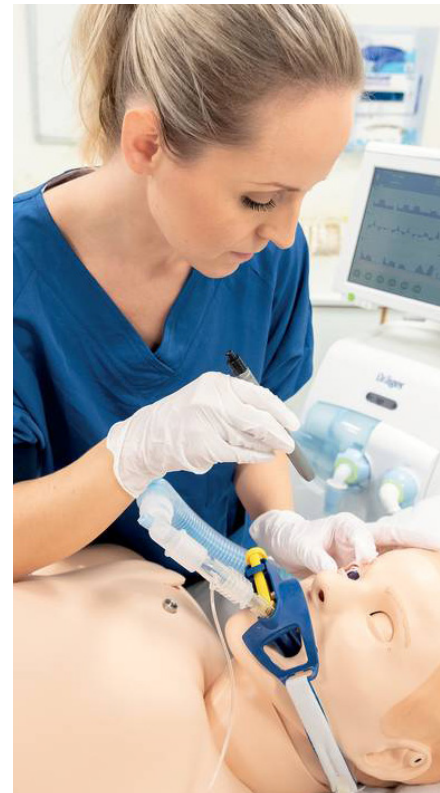
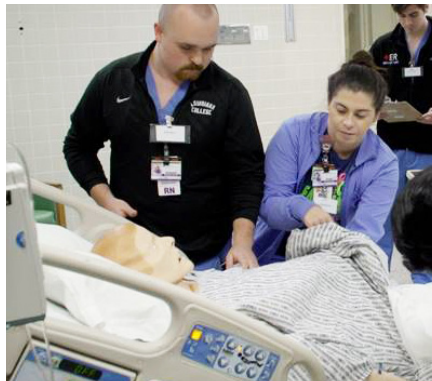
for transformational and sustainable change in Louisiana focused on health, wellness and safety. In Fall 2021 the LWCC Foundation awarded the CHRISTUS Cabrini Foundation their annual \$25,000 Louisiana Well Again Grant, rescuing the H.E.A.L. program and bringing it back to full operating capacity. With their gift, over 3,200 diabetic patients were provided glucometers, A1C monitors, survival kits, and educational resources in 2022; the highest ever number of H.E.A.L. patients served in one year. "We are seeing a higher number of diabetic patients than ever before, with over 70% being medicaid or uninsured. Without the support of the LWCC Foundation, these patients would be unable to afford the supplies to manage their condition and their health would continue to worsen," said Marie Simpson, Diabetes Care and Education Specialist for the H.E.A.L. Program. The LWCC Foundation's commitment to move the needle in diabetes care in Louisiana means that more CHRISTUS St. Frances Cabrini diabetes patients than ever before are empowered to effectively manage and treat their diabetes for both themselves and their entire family, breaking the cycle of diabetes for generations to come.



# 2022 FEATURED INVESTMENTS

## Patient Simulator Manikin

The SimMan 3G Plus is the newest resident of the CHRISTUS St. Frances Cabrini Simulation Lab thanks to a handful of dedicated donors. Designed to represent a diverse range of emergency patient scenarios to help prepare clinical students for real-world situations, this simulator is used for all simulation education including CPR, advanced cardiac life support, critical care training, and medical surgical training. This high-tech training device will average five days of use per week with 8-14 hours of training each day, ultimately logging over 1,400 training encounters per year. The manikin allows students to train with real clinical devices and simulates an array of complex emergency scenarios including stroke, heart attack, seizure, bleeding, breathing complications and sepsis. This equipment will be vital in providing the highest level of training to clinical students in our area.



## Labor & Delivery Expansion



2022 saw a drastic increase in births in our area. As such, CHRISTUS St. Frances Cabrini Hospital was tasked with expanding to meet the need of growing families. With a \$112,000 gift from the Children's Miracle Network, 16 patient rooms on the third floor of the Women's and Children's Tower were converted into a post-partum unit, where new moms and their newborns can bond and recover in a peaceful environment when delivery rooms are in high demand.



# AEDs for School Based Health Centers

Sudden cardiac arrest is among the leading causes of death in the United States. In fact, more than 250,000 people will suffer a cardiac arrest in this year alone. Currently, the only way to restore a regular heart rhythm during cardiac arrest is to use an AED, or automated external defibrillator. This easy-to-use medical device can analyze the heart's rhythm and, if necessary, deliver an lifesaving electrical shock, or defibrillation to help the heart re-establish an effective rhythm. Now, with the help of the Coughlin Saunders Foundation, there are 7 new AEDs in CHRISTUS Cabrini School Based Health Centers across Central Louisiana, able to provide lifesaving medical care to any student or teacher if ever needed. "Our clinics are located in rural areas of Central Louisiana, where emergency personnel can sometimes take 15-20 minutes to arrive. In a situation where the odds of survival are reduced by approximately 10% for each minute defibrillation is delayed, every second counts," said Jennifer Firmin, School Based Health Center Director. In the first few weeks of school Jennifer's clinical team had to use one of these devices to revive a school staff member who had collapsed onsite. "We know first-hand its lifesaving capabilities and are so grateful to have these easily accessible when an emergency arises." - Jennifer Firmin, School Based Health Center Director



*"We know first-hand its lifesaving capabilities and are so grateful to have these easily accessible when an emergency arises."*

*Jennifer Firmin,  
School Based Health Center Director*



## High-Tech Pediatric Cribs

Earlier this year, the Cabrini Foundation was approached with a request from the hospital's Pediatric Department for new, advanced, hospital-grade cribs to make their youngest pediatric patients more comfortable during their stay. With Children's Miracle Network contributions, the Foundation was able to purchase 4 new Stryker Cub Pediatric Cribs for the department. These cribs are the latest in safety, access and comfort in pediatric care and feature a retracting

backrest (like that of a hospital bed) and integrated scale, allowing for regular reading of the child's weight without having to move them. In addition, the crib gives caretakers 360 degree access to the patient with all four side rails able to be silently lowered, allowing for convenient patient care without disturbing a sleeping child.

*"A good night's rest and sense of calm are paramount for healing in the pediatric patients we care for. The Cub Crib minimizes our need to disturb them, while still making sure we are able to closely monitor their progress."*

*Garrison Nichols, Pediatric Nurse*

## Sentec Transcutaneous CO2 Monitor

Children's Miracle Network donors were vital in the purchase of a new Sentec Transcutaneous CO2 Monitor for the Cabrini Sleep Center earlier this year. This advanced piece of equipment provides continuous, noninvasive ventilation monitoring of carbon dioxide levels in the blood, particularly important for the Sleep Center's pediatric patients suffering from Hypoventilation Syndrome, which is a form of obstructive sleep apnea. This monitor is specialized to capture abnormal CO2 values that don't appear during the day, accurately measuring the child's carbon dioxide levels through the night without disturbing their sleep.



CHRISTUS Cabrini

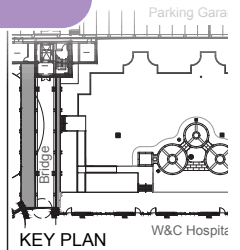
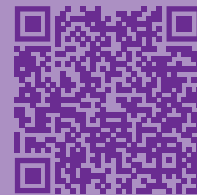
# Trinity Healing Garden

## CONSTRUCTION UPDATE

The CHRISTUS Cabrini Trinity Healing Garden is officially under construction! Slated to be completed in December of 2022, this garden is being built in honor of our Cabrini COVID-19 Healthcare Heroes. The space will serve as an outdoor chapel, providing spiritual and emotional refuge for CHRISTUS St. Frances Cabrini Hospital's patients, visitors and staff. Filled with engraved bricks and pavers, it will also offer the opportunity to forever honor or remember loved ones whose lives have made a lasting impact on our families, hospital and community.



Purchase your engraved legacy at:  
[christuscabrinifoundation.org/  
trinity-healing-garden](https://christuscabrinifoundation.org/trinity-healing-garden)





# Gleauxing

## 5 YEARS STRONG

When Susan G. Komen's Race for the Cure discontinued their event in Central Louisiana, a void was left for breast cancer survivors and fighters alike. Fortunately for Cenla, the Walker and Searcy families of Walker Automotive, avid supporters of breast cancer awareness, set out to find a way to continue to hold an event that celebrated these courageous locals. They approached the Cabrini Foundation in the summer of 2018 with a vision of a local race supporting local patients, and the rest is history. In October 2018 the very first Gleaux for the Girls run was held, welcoming approximately 500 participants and raising \$35,000. Fast forward 5 years and the event continues to accelerate. This October marked the fifth annual run, raising over \$105,000 and welcoming over 1,500 participants, making it the largest in the area. Even the COVID-19 pandemic didn't stop the event which took on virtual format in 2020, shipping participants their shirts and bibs and allowing them to run in their own neighborhoods to raise awareness for the cause.

"1 in 8 women in Central Louisiana will be diagnosed with breast cancer in their lifetime. We feel an overwhelming call to do what we can to raise funds and awareness to insure that those directly affected have what they need right here in Central Louisiana to become survivors," said Ashley Walker, Executive Director of the Cabrini Foundation. The past five events have raised a collective \$362,000 for local patients at the CHRISTUS Cabrini Cancer Center and Breast Health Center, allowing them to purchase the latest high-tech equipment to diagnose and fight the disease.

"We have met so many incredible people through this event who have been directly affected. Their stories of bravery and determination are what continue to fuel us, pushing us to grow this event into something that they are not only proud of, but that will continue to promote early action. It's our way of honoring those fighting and those lost."

- Ashley Walker, Executive Director



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# Where Miracles Happen



**Children's  
Miracle Network  
Hospitals®**



## MEET *Norah* 13 YEARS OLD

The Eye Gaze, funded by the Children's Miracle Network, has given 13 year old Norah (who is non-verbal due to Cerebral Palsy) the ability to communicate for the first time in her life. The Eye Gaze is an eye-driven communication device, generating audible speech on behalf of the user when they type a message or select pre-programmed pictures by gaze alone. The team at the CHRISTUS St. Frances Pediatric Therapy Center has been working with Norah and her family to master the device, not only giving her the ability to communicate with her family, but allowing her a future of greater independence and a higher quality of life.



## MEET *David* 15 YEARS OLD

As a 15 year old athlete, diabetes was never on David's radar. Things changed in fall of 2019, when, after an irregular sports physical, the Cabrini School Based Health Center clinical team tested him for Type 1 Diabetes. "At first I was confused. I didn't know what it was," said David. The School Based Health Center team now works with David and his family daily to manage his insulin levels. "The nurses are great and make sure I have everything I need to stay on top of my symptoms." David continued. With the help of his clinical team, David continues to thrive, making his high school football team as a freshman this year.



## MEET *Karsen Lei* 18 MONTHS OLD

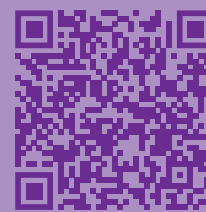
Karsen Lei was born via emergency C-Section when, at 27-weeks, her mom went into septic shock due to an infection. Within minutes of delivery, Karsen Lei's mom was put on a ventilator and at only 2 lbs. 3 oz., Karsen Lei was rushed into CHRISTUS St. Frances Cabrini Hospital's Level III NICU. Karsen spent the next 2 months of her life in a high-tech, Children's Miracle Network-funded Omni Isolette, which provided a substitute womb for her to grow and develop. Thanks to CMN donors, today both Karsen Lei and her mom are back home and thriving.

# YOUR SUPPORT

Makes a

# Profound Difference

Make a  
Donation Today:



Covers the **cost of donor breast milk for 1 day** for our most vulnerable NICU Babies

\$50



Provides a **1-Month Supply of Premie-Sized Diapers** for a Patient in our Level III NICU

\$100



Covers the cost of **1 infant carseat** for a poor and under-served family

\$250



Provides the cost of **1 child's assessment kit** for Physical, Occupational and Speech Therapy at our Pediatric Therapy Center

\$500



Covers **5 children with access to required school vaccines** through our 17 School Based Health Centers

\$1000



Assists in the purchase of **1 CuddleCot system** to help bereaved parents after the loss of a child

\$2500

## Giving that Helps Heal

CHRISTUS St. Frances Cabrini Hospital is a proud member of Children's Miracle Network Hospitals.



Children's Miracle Network Hospitals raise funds and awareness for 170 member hospitals that provide 32 million treatments each year to kids across the United States and Canada. Donations stay local to fund critical treatments and health care services, pediatric medical equipment and charitable care. Its various fundraising partners and programs support the nonprofit's mission to save and improve the lives of as many children as possible.



Miracles  
BEGIN  
WITH  
YOU

